### What our school is doing to prevent bullying behaviour:

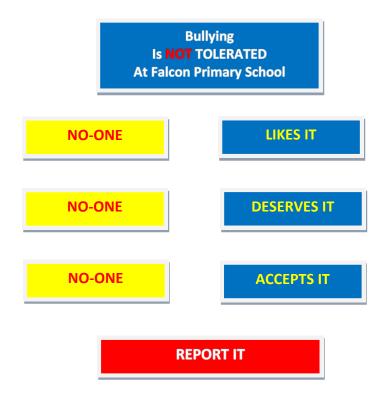
- Ensure all students are aware of what bullying is; ensure bullying prevention is taken seriously; and ensure that bullying is not tolerated.
- Create open, positive, caring classroom and playground environments where children feel confident and safe in telling adults when they are being bullied.
- Teach children about peer pressure, assertiveness and the need to accept full responsibility for their own personal behaviour.
- Consistently implement the school's policy in relation to classroom and playground behaviour management.
- Provide opportunities for peer support and counselling.
- Train the children in bullying prevention strategies such as...
  - Use of "I" statements
  - No-Blame approach to conflict resolution
  - Informing adults.
  - Seeking help from Peer Supporters
  - Kelso's Choices
- Help children develop into confident, socially well-balanced people who do not need to resort to bullying.
- Provide care for the "victims" of bullying.
- Enhance the self-esteem and confidence of each child.
- Regularly remind children of the school Code of Behaviour and its associated "Rights and Responsibilities".

# Programs We Implement:

- Virtues Program
- Buz Together
- Aussie Optimism
- Peer Support
- Chaplain
- Youth Worker



# Our Approach to Bullying Prevention:



# Children, parents and staff have a joint responsibility in helping prevent bullying at our school.



## What is Bullying?

Bullying is deliberately hurtful behaviour towards an individual or a group which is repeated over a period of time.

#### There are four main types of bullying:

- **PHYSICAL** eg hitting, dakking, kicking, taking belongings and fighting.
- VERBAL EG name calling, teasing, insulting racist remarks and threatening language
- **INDIRECT** eg spreading nasty stories and excluding someone from social groups.
- **CYBER** Use of on-line communication in a hurtful manner.

### When you are being bullied:

- Be firm and assertive. Look at them in the eye and tell them to STOP.
- Go to an adult or Peer Supporter for support.
- Do not fight or argue back.

#### If you have been bullied...

- Tell a teacher or another adult in the school.
- Tell your family.

### If someone you know is being bullied...

- Ask a friend to go with you to tell an adult in the school.
- Tell the person who is bullying that you will get a teacher if they don't stop.
- Encourage your friends to walk away or tell the person to stop.
- Tell the person bullying you don't think what they do is cool or funny.
- Help the person who is being bullied to get away and go somewhere safe.





# Falcon Primary School A Western Australian Independent Public School

# **Bullying Prevention Policy**

Our bullying prevention policy recognizes that every one has the right to feel valued and safe, and in this regard understand their rights and obligations and behave responsibly.

